

# J. TASHOF BERNTON, M.D.

## Curriculum Vitae

7535 E. Hampden Ave, Suite 410, Denver, CO 80231

### BOARD CERTIFICATION

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- 1984** American Board of Internal Medicine (Certification #095973)
- 1991** American Board of Preventive Medicine in Occupational Medicine (Certification #22849)
- 2011** American Academy of Thermology (Fellowship Status)

### OCCUPATIONAL AND PREVENTIVE MEDICINE

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- 1992 – Present** **Medical Director**, Colorado Rehabilitation & Occupational Medicine; Aurora, CO  
Evaluation, Treatment and rehabilitation of musculoskeletal injuries, complex regional pain syndrome, and acute and chronic toxic exposures; impairment and functional capacity evaluation.
- 1996 – 1997** **Associate Medical Director**, Columbia Colorado Division Occupational Health System
- 1993 – 1995** **Medical Director**, Health Options Occupational Medicine Program (H.O.P.), Grand Junction, CO.
- 1989 – 1993** **Medical Director**, The Holly Occupational Medical System, Aurora, CO.  
Medical Director of designated provider for over 700 Denver-area firms; consultant in occupational medicine including medical surveillance and respiratory fitting.
- 1989 – 1992** **Co-Medical Director**, Functional Capacity Evaluations, P.C., Aurora, CO.  
Treatment of delayed recovery and occupationally injured patients; impairment and functional capacity evaluation.
- 1984 – 1989** **Medical Director**, The Holly Clinics, Denver, CO.  
Medical Director for predecessor of the AMI/Holly Occupational Medical System.
- 1983 – 1984** **Consultant in Occupational Medicine**, Presbyterian/St. Luke's Hospital, Denver, CO.  
Consultant on the development of an occupational medical care system.

### EMERGENCY MEDICINE

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- 1983 – 1984** **Staff Physician**, Internal Medicine: St. Luke's Hospital Emergency Room, Denver, CO.
- 1985 – 1989** **Attending Physician**: Department of Medicine Teaching Service; Denver Presbyterian Hospital; Denver, CO
- 1984 – 1988** **Critical Care Attending Physician**; St. Anthony North Hospital; Westminster, CO

## **EDUCATION**

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<b>Residency</b>	<b>Internal Medicine</b> , July 1982 – June 1984 Presbyterian/St. Luke's Medical Center, Denver, CO <b>Occupational Medicine</b> , June 1983, March 1984, March 1986 Mini-Residency in Occupational Medicine, Department of Environmental Health; University of Cincinnati, College of Medicine, Cincinnati, OH
<b>Internship</b>	<b>Primary Care Internal Medicine</b> , June 1979 – June 1980 Baylor Associated Hospitals, Texas Medical Center, Houston, TX
<b>Medical School</b>	<b>M.D.</b> , May 1979, University of Colorado, School of Medicine, Denver, CO
<b>Undergraduate</b>	<b>B.A. Magna Cum Laude</b> , May 1975, University of Colorado, Boulder, CO

## **HOSPITAL STAFF APPOINTMENTS**

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- Spalding Rehabilitation Hospital, Aurora CO Inactive
- Presbyterian Hospital, Department of Internal Medicine; Denver CO Inactive
- St. Joseph Hospital; Occupational Medicine Core; Denver CO Inactive

## **PROFESSIONAL ASSOCIATIONS**

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- Member, Board of Directors, American Academy of Thermology 2013 – Present
- Member, American Academy of Sleep Medicine 2022 – Present
- President, American Academy of Thermology 2019 – 2021
- Chairman, Colorado Medical Society Workers' Compensation Committee 2013 – 2014
- American Academy of Thermology, Newsletter Co-editor 2012 – 2015
- President, Quality Healthcare Coalition 2000 – 2004
- Colorado Medical Society Workers' Compensation Committee 1986 – Present
- Chairman, Workers' Compensation Committee, Colorado Medical Society 1987 – 1992
- Chairman, Task Force on Utilization Review in Occupational Medicine, State of Colorado Division of Labor 1987 – 1991
- Denver Medical Society 1982 – Present
- American College of Occupational Medicine 1989 – 2009
- American Occupational Medical Association 1984 – 1989
- Workers' Compensation Advisory Task Force, State of CO 1986 – 1991
- Denver Medical Society Task Force on Health Enhancement 1980 – 1981
- Health Promotion Consortium, CO State Department of Health Professional Education Task Force 1980 – 1981

## **PROFESSIONAL LICENSURE AND ACCREDITATION**

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- Colorado Medical License #23154
- New Mexico Medical License #MD2010-0722
- Utah Medical License #7662611-1205
- Arizona Medical License #42172
- Nevada Medical License #13384
- Drug Enforcement Administration Registration

- Division of Workers' Compensation Level II Full Accreditation

## **FOREIGN LANGUAGE FLUENCY**

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- Spanish, French

## **CONTINUING EDUCATION**

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<b>09/07–09/19</b>	American Academy of Thermology Annual Scientific Session; Atlanta, GA
<b>10/28/18</b>	<b>Case Presentation:</b> “Thermographic Diagnosis of Complex Regional Pain Syndrome.” American Academy of Thermology. Annual Scientific Session Greenville, SC.
<b>09/09/16</b>	<b>Invited Presenter:</b> “Integrating a Thermal Imaging Lab in an Occupational Medicine Practice” at the American Academy of Thermology. Annual Scientific Session Greenville, SC.
<b>09/19/15</b>	<b>Invited Presenter:</b> “Stress Thermography and the Colorado Workers’ Compensation Fee Schedule” at the American Academy of Thermology. Annual Scientific Session Greenville, SC.
<b>09/20/14</b>	<b>Invited Presenter:</b> “Integration of Musculoskeletal Thermography into an Existing Autonomic Testing Program” at American Academy of Thermology 2014 Annual Scientific Session Greenville SC.
<b>09/20–09/21/14</b>	American Academy of Thermology Annual Scientific Session; Greenville SC.
<b>10/26–10/28/13</b>	American Academy of Thermology: Annual Scientific Session; Greenville, SC.
<b>10/26/13</b>	American Academy of Thermology Annual Scientific Meeting Presentation <i>Palette Selection in Thermographic Diagnostic Assessment of Complex Regional Pain Syndrome</i> Greenville, South Carolina
<b>2012</b>	American Academy of Thermology: Annual Scientific Session; Greenville, SC. <b>Invited Presenter:</b> “Setting up a Thermal Imaging Laboratory” 10/27/2012.
<b>10/19/12</b>	CROM Showcase Lecture Series: Causality of Injuries—A Thirty Year Perspective: Presented by J. Tashof Bernton, MD.
<b>2/17/12</b>	CROM Showcase Lecture Series: Psychology=Physiatry and Physiatry=Psychology: Presented by J. Tashof Bernton, MD and William Boyd, Ph. D.; ABPN.
<b>1/2012</b>	CROM Showcase Lecture Series: Thermography: Presented by J. Tashof Bernton, MD and George Schakaraschwili, MD
<b>2011</b>	<b>Invited Speaker:</b> presentation on Impairment Ratings for Thomas, Pollart & Miller, LLC. 12/5/11.

- 11/03/11** Diagnostic Stress Thermography Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D. Sponsored by Dominion Diagnostic Laboratories.
- 10/31/11** **Invited Speaker:** “The Seriously Uninjured Patient” for Allstate Insurance.
- 10/7/11** **Invited Speaker:** presentation on CRPS for Sedgwick Claims Management Services.
- 9/23–9/24** Thermographic Training Course at Piedmont Physical Medicine & Rehabilitation, P.A. with Robert G. Schwartz MD in Greenville, South Carolina.  
 Didactic Training & Educational Presentations on: Clinical and Objective Criteria for CRPS, Diagnostic Approached for CRPS, Treatment Approaches for CRPS, Thermographic Vasomotor Mapping and Differential Diagnosis, AAT Clinical Guidelines for the Use & Applications of NMSK Thermography, Sympathetic Skin Response Studies, Thermography Uses and Applications, Integrating Vascular Medicine, Hardware and software set up, Thermographic Laboratory Considerations, Quantitative and Qualitative Methods of Outcomes Measurement  
 Administrative & Office Based Thermography: Report Generation, Third Party Coverage, Workers Compensation Coverage, Patient Support Groups, Professional Staffing and Training, Professional Associations, Future Developments for Thermal Imaging.
- 6/17/11** CROM Showcase Lecture Series:  
 Complex Regional Pain Syndrome or Reflex Sympathetic Dystrophy: Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D.
- 4/26/11** **Invited Speaker:** ExamWorks Presentation for CCMSI in Denver, Colorado: Independent Medical Evaluations & Complex Regional Pain Syndrome: Diagnosis and Treatment.
- 4/15/11** CROM Showcase Lecture Series:  
 “Ergonomics vs. Economics – Cumulative Trauma Conditions”: Presented By: J. Tashof Bernton and Kathryn Mueller, M.D., M.P.H, FACOEM Medical Director, Colorado Division of Workers’ Compensation.
- 2010** The PWC Annual Education Day:  
 Panel Discussion and Presentation Regarding: Post-offer/pre-employment testing, return to work, medical marijuana, prescription drugs, ADA and other hot topics regarding employment law. Presented By: J. Tashof Bernton, MD, William Miller, MD, Britton Morrell, Esq, and Brian Vicente, Esq. 11/12/10.
- 06/18/10** CROM Showcase Lecture Series:  
 Use and Abuse of Alternative Medicine in Industrial Injuries; Medical Marijuana: Presented By: J. Tashof Bernton
- 03/19/10** CROM Showcase Lecture Series:  
 Diagnosis & Treatment of CRPS: Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D.

- 03/19/10** **Invited Speaker:** Colorado Bar Association Presentation: Diagnosis and Treatment of CRPS
- 2009** American Academy of Physical Medicine and Rehabilitation Annual Assembly and President's Reception; W428: Computerized Infrared Imaging Thermography in the Evaluation of Patients with Acute and Chronic Pain Syndromes: A Practical Approach, 10/24/09.
- 10/08/09** Pinnacol Assurance  
Showcase: Update on CRPS
- 09/09/09** PAINWEEK 2009 – Global Education Group: Anatomy and Physiology  
PAINWEEK 2009 – Global Education Group: Pain Assessment  
PAINWEEK 2009 – Global Education Group: Therapeutics  
PAINWEEK 2009 – Global Education Group: Pain Syndromes and Neurotechnology  
PAINWEEK 2009 – Global Education Group: Master Class: Developing an Opioid Teaching Program: Patients
- 09/10/09** PAINWEEK 2009 – Global Education Group: The Role of Botulinum Toxin in Pain Management  
PAINWEEK 2009 – Global Education Group: Master Class: Clinical Aspects of Opioid Risk Management (Part 1 and 2)  
PAINWEEK 2009 – Global Education Group: Structuring a Pain Management Program  
PAINWEEK 2009 – Global Education Group: REMS: Practitioner and Patient Implications
- 09/11/09** PAINWEEK 2009 – Global Education Group: Complex Regional Pain Syndrome (Part 1 and 2)  
PAINWEEK 2009 – Global Education Group: Assessing Risk in Opioid Therapy: Physicians Approaches  
PAINWEEK 2009 – Global Education Group: Establishing a Compliance Program and Risk Management Protocols  
PAINWEEK 2009 – Global Education Group: Chronic Severe Back Pain
- 09/12/09** PAINWEEK 2009 – Global Education Group: Addiction: What is it?; The Art and Science of Urine Drug Testing (Part 1 and 2)  
PAINWEEK 2009 – Global Education Group: Improved Diagnosis of Neuropathic Pain
- 03/20/09** CROM Showcase Lecture Series:  
Complex Regional Pain Syndrome (CRPS): Update on Diagnosis  
Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D.
- 2008** **Invited Speaker:** *"The Medical Aspects of Apportionment"* Denver, CO  
Presented by J. Tashof Bernton, M.D. 11/14/2008
- 2007** CROM Showcase Lecture Series:  
Complex Regional Pain Syndrome (CRPS): What is CRPS? What is CRPS? What is involved in the workup for CRPS? What are treatment methods of CRPS? Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D., 05/11/2007.

- 2006** CROM Showcase Lecture Series:  
Musculoskeletal Disease Management: Define economic costs of back pain and musculoskeletal disease; define loss of productivity due to back pain and musculoskeletal disease; discuss management approach to healthcare problems. Presented By: J. Tashof Bernton, M.D. and Scott J. Primack, D.O., 03/24/2006.  
Breaking Down Cultural Barriers: Treating Hispanic Patients with Musculoskeletal, Neurological and Delayed Recovery Syndromes: Review of basic pain management strategies in delayed recovery patients; Understanding how language and cultural barriers effect response to treatment; Understanding how language and cultural barriers effect response to treatment; Understanding how response to pain management approaches may differ with the Hispanic patient. Presented By: J. Tashof Bernton, M.D. and Angelo E. Romagosa, M.D., 02/23/2006.  
Psych Issues In Workers' Compensation: How psych factors impact patient's clinical presentation of a medical diagnosis; how psych factors impact rehab/recovery from injury/illness; psych diagnostic classifications. Presented By: J. Tashof Bernton, M.D. and Rebecca Hawkins, Ph.D., 01/27/2006.
- 2005** CROM Showcase Lecture Series:  
Complex Regional Pain Syndrome: Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D., 06/24/2005.
- 2004** CROM Showcase Lecture Series:  
A Great IME – The IME and Assessment in Legal Process: Presented By: J. Tashof Bernton, M.D. and Victor Chang, M.D., 07/30/2004  
QSART: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D., 03/19/2004.
- 12/3/04–12/4/04** Level II Re-Accreditation Seminar: Colorado Department of Labor and Employment, Division of Workers' Compensation, University of Colorado School of Medicine, Denver CO. 11CME Credits
- 05/12/04** CROM QSART Presentation at Denver Health Occupational Medicine, Denver CO. Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D.
- 03/16/04** CROM QSART Presentation at Medical Ops Management, Denver CO. Presented By: J. Tashof Bernton, M.D. and George V. Schakaraschwili, M.D.
- 02/03/04** Grand Rounds – The IME at Swedish Hospital, Englewood CO: Presented By: J. Tashof Bernton, M.D. and Victor Chang, M.D.
- 11/12/03** COPIC: Avoiding System Failures and Risky Practices: St. Joseph Hospital; Denver, CO: (2 ERS points and 6 CME credits).
- 10/03** COPIC: Internet examination in Occupational and Internal Medicine, 10/03/03 (Two tests, 6 hrs. CME credits, 2 ERS credits).
- 10/22/02** Title: "*Current Treatments for Neuropathic Pain Beyond Anticonvulsants.*"  
Presenter: Jorge Leal, M.D., Englewood, CO

- 10/18/02** Title: “*Waddell’s Signs and other Musculoskeletal Red Flags*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC; Presenters: Scott Primack, DO & Lawrence Lesnak, DO
- 10/15/02** Title: “*Managing Neuropathic Pain: New Approaches for Today’s Clinical Practice.*” Presenter: Zahid H. Bajwa, MD; Denver, CO
- 9/26/02** Title: “*Outcomes in Myofascial Pain.*” Lectures given to Capstone Chiropractic Network; Denver, CO
- 9/20/02** Title: “*Advances in the Diagnosis and Treatment of RSD/CRPS.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC. Presenters: George Schakaraschwili, MD & J. Tashof Bernton, MD; Denver, CO
- 9/9/02** Journal Club: Topic: “*Narcotics*”; Presenter: Gretchen Brunworth, MD
- 8/23/02** Title: “*Help with Head Injuries.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC. Presenters: David Reinhard, MD & Gretchen Brunworth, MD
- 6/21/02** Title: “*Conservative Management of Low Back Pain.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC. Presenters: Sam Chan, MD & Jill Castro, MD
- 5/17/02** **Invited Speaker:** “*Whiplash Injuries 101.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC.
- 5/2/02** Journal Club: Topic: “*Lumbar Surgery.*” Guest Speaker: Doug Wong, MD. Presenter: Scott Primack, DO.
- 3/22/02** “*Approaches to Pain Management.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC. Presenters: Yusuke Wakeshima, MD & Barry Ogin, MD.
- 3/18/02** Journal Club: Topic: “*To Fuse or Not to Fuse.*” Presenter: Scott Primack, DO.
- 2/22/02** “*Evaluation and Treatment of Knee Disorders.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC. Presenters: Gretchen Brunworth, MD & Bobbi Oeser, MD
- 10/01** “*Chemical & Biological Warfare.*” Swedish Medical Center; Englewood, CO
- 10/00** **Invited Speaker:** “*Somatoform Disorders.*” Sponsored by Colorado Rehabilitation & Occupational Medicine, LLC.
- 10/00** **Invited Speaker:** “*Factitious Disorders & Munchausen’s Syndrome*” Pinnacol Assurance Company.
- 9/00** **Invited Speaker:** “*RSD Update.*” CROM Showcase lecture.
- 2/99** **Invited Speaker:** Continuing Education, Approved by the Commission for Case Manager Certification; Denver, CO
- 2/98** **Invited Speaker:** “*Use of Botulinum Toxin*” (“Botox”) and questions and answers on Workmen’s Compensation issues. Sponsored by CasePro; Denver, CO
- 1/98** “*Heparin & Heparin Fragments in Prevention & Treatment of Pulmonary Embolism and Deep Venous Thrombosis*” by David Greene, MD,

Professor of Rehabilitation & Internal Medicine; Rehabilitation Institute of Chicago; Denver, CO

- 10/97** **Invited Speaker:** *“Examination of the Musculoskeletal Patient.”* Sponsored by Clifton, Hook & Vovarnick, P.C.; Denver, CO
- 7/97** **Guest Faculty:** Division of Workers’ Compensation Level II Accreditation Course Instructor; “Impairment Ratings for Vision, Hearing, Ear, Nose and Throat, and Gastrointestinal Issues;” Denver, CO
- 11/96** **Guest Faculty:** Division of Workers’ Compensation Level II Accreditation Course Instructor; “Impairment Ratings for Vision, Hearing, Ear, Nose and Throat, and Gastrointestinal Issues;” Denver, CO
- 10/96** **Invited Speaker:** Minimal Impact Seminar, *“Evaluation of Injuries Sustained from Minimal Impact Automobile Accidents.”* Sponsored by State Farm Mutual Automobile Insurance Company; Castle Rock, CO.
- 8/96** **Invited Speaker:** Advanced Topics in Colorado Workers’ Compensation, *“Baseline Range of Motion Testing.”* The Center for Workers’ Compensation Training; Denver, CO
- 06/96** **Invited Speaker:** *“Mild Head Injury: How Much & How long,”* Conference sponsored by Columbia/HealthONE, Denver, CO.
- 06/96** **Guest Faculty:** *“Seminar for Workers’ Compensation Professionals in Colorado,”* Course Approved for CLE, CRCC and CCM credit, Denver, CO.
- 05/96** **Invited Speaker:** *“FCE – Work Capacity Assessment,”* Mid-Year Seminar, *“Cumulative Trauma Disorder, The Upper Extremity,”* American Osteopathic College of Rehabilitation Medicine, Denver, CO.
- 01/96** Division of Workers’ Compensation Level II Full Accreditation – 3-year reaccreditation (Initial Level II Full Accreditation 8/92).
- 10/95** Attended 6th Annual Colorado Spine Symposium, *“Care of the Cervical and Lumbar Spine and Difficult Areas for Pain Management,”* Denver, CO.
- 05/95** Attended American College of Occupational and Environmental Medicine Conference, Las Vegas, NV.
- 02/95** **Invited Speaker:** *“Myofascial Pain Syndrome,”* 2nd Annual Northern Colorado Spine Seminar, The Spine Institute Research Foundation.
- 07/94, 01/95** **Invited Speaker:** Faculty, Level II Accreditation Workshop, Division of Workers’ Compensation, Colorado Department of Labor and Employment.
- 06/94** **Invited Speaker:** *“Trigger Point Injections and Myofascial Pain,”* Health Options Program, Community Hospital, Grand Junction, CO.
- 02/94** **Invited Speaker:** *“Sacroiliac Dysfunction,”* Health Options Program, Community Hospital, Grand Junction, CO.
- 02/94** **Invited Speaker:** *“Injuries of the Wrist,”* Medical Staff Meeting, Community Hospital, Grand Junction, CO.
- 02/94** **Invited Speaker:** *“Evaluation & Treatment of Wrist Injuries in Industry,”* Community Hospital, Grand Junction, CO.

- 01/94** **Invited Speaker:** “*Early Intervention in Workers’ Comp Cases,*” Rocky Mountain Rehabilitation Hospital, Aurora, CO.
- 01/93** **Invited Speaker:** Workers’ Compensation Education Association, “*Role of physician regarding physical impairment rating.*”
- 09/92** **Invited Speaker:** Hall & Evans Attorneys At Law Workers’ Compensation Seminar, “*Presentation of Colorado Impairment Rating.*”
- 08, 09, 10/92** **Invited Faculty/Curriculum Contributor:** State of Colorado Division of Workers’ Compensation Level II Accreditation Course on Impairment Rating per the AMA Guides.
- 05/92** Attended 1992 ACOEM National Conference, Washington, D.C.
- 05/92** **Invited Faculty Presenter:** 1992 American Occupational Health Conference Annual Meeting of the American College of Occupational and Environmental Medicine Physicians. Postgraduate Seminar: “*Fitness for Duty Evaluations.*”
- 05/92** Attended 1992 American Occupational Health Conference Seminar: “*Functional Capacity and Human Performance: Conceptual, Methodological and Practical Aspects.*”
- 01/92** **Invited Faculty Presenter:** “*Colorado AMA Guides for the Evaluation of Permanent Impairment Course,*” Sponsored by the Rocky Mountain Academy of Occupational Medicine, Denver, CO. Invited to teach Occupational Physicians and Attorneys appropriate determination of impairment ratings according to the AMA Guide for Evaluation of Permanent Impairment, 3rd Edition, Revised.
- 01/92** **Invited Faculty Presenter,** *Worker fitness, Disability Evaluation, and Functional Capacity Evaluation.* Rocky Mountain Academy of Occupational Medicine 27th Annual Conference on Occupational Medicine, Denver, CO. Invited to teach Occupational Physicians the technical, ethical, practical, and legal considerations in performance of Functional Capacity Evaluations.
- 10/91** **Faculty,** State of Colorado Division of Workers’ Compensation Level I Physician Accreditation Program. Taught recognition and appropriate treatment of Delayed Recovery Syndrome to M.D., D.O. and Chiropractic applicants for Division of Workers’ Compensation Level I Accreditation.